



CAPABILITY STATEMENT

Eclosia Counselling & Rehabilitation

Rehabilitation counselling for injured workers, people with disability and young people moving from school to work

Eclosia is a North Lakes rehabilitation counselling practice of university-qualified allied health professionals. We help people recover from injury, illness or disability and take part in work, study and daily life, with measured outcomes and close coordination with the treating team.

Core services

Workplace rehabilitation

Rehabilitation and return-to-work services for WorkCover Queensland and self-insured employers: assessment, suitable duties planning, employer liaison and progress reporting.

Psychological injury early intervention

Mindful Well-Recovery™, a ten-week, three-pathway program for workers at risk of delayed recovery, built on work-focused CBT, ACT and pain neuroscience education.

CTP rehabilitation

Counselling, adjustment support and return-to-work planning after motor vehicle accidents.

NDIS supports

Counselling, non-diagnostic psychological and vocational assessment, career planning, school-to-work transition and allied health reports for plan reviews.

Employer services

Manager training on psychosocial risk, early intervention for staff off work or struggling, return-to-work coordination and employee assistance.

Career counselling and supervision

Vocational assessment and career planning after injury, redundancy or illness; clinical supervision for counsellors.

What sets us apart

Measured outcomes

The Mindful Capacity Index (MCI), our own app, tracks five recovery domains at weeks 1, 5 and 10, with a traffic-light summary.

Coordinated care

With consent, the treating team receives a written update after every session, and the case manager receives regular progress reports.

Consistent delivery

Every session is delivered from a counsellor manual, with a plain-language client brochure and free support services.

Who we work with

WorkCover Queensland · self-insured employers · CTP insurers · NDIS participants (self- and plan-managed) and support coordinators · schools · employers · GPs and treating practitioners · private clients



Our North Lakes counselling rooms. Sessions are also available by telehealth across Queensland.

Qualified, accountable, coordinated

Appointments and memberships

- Appointed to the WorkCover Queensland Rehabilitation Services Provider Panel
- Full Member, Australian Society of Rehabilitation Counsellors (MASRC)
- Associate Member (Corporate), Australian Rehabilitation Providers Association
- ACA Level 3 Registered Clinical Supervisor
- PACFA Clinical Member
- 2026 ARPA Queensland finalist, Innovation in Return to Work

Clinical governance

- Delivered in line with the HWCA Principles of Practice for Workplace Rehabilitation Providers and the Clinical Framework for the Delivery of Health Services
- Structured curriculum, documented clinical supervision and peer review of complex files
- Consent-based information sharing; records held in secure systems hosted onshore in Australia
- Non-crisis service with clear escalation to the GP, case manager and crisis services

Our team



Davina Williams, MASRC, MACA · CEO & Director, Principal Rehabilitation Counsellor
M Rehab Counselling & Mental Health · Grad Dip Rehab Studies · Grad Cert Case Management.
Creator of the Mindful Well-Recovery™ program and the Mindful Capacity Index (MCI) app.

Tony Cliff · Rehabilitation Consultant · BSc (Psychology) · Grad Cert Human Services. Delivers under the Principal's documented clinical supervision.

Business details

Legal entity	Mindful Building Solutions Pty Ltd, trading as Eclasia Counselling & Rehabilitation
ABN	87 676 783 172
Location	T08, Serviced Office 7, 23 Discovery Drive, North Lakes QLD 4509
Service area	In person at North Lakes and across Moreton Bay and Brisbane North; telehealth across Queensland
Response time	Every referral contacted within 48 hours; program clients within 24 to 48 hours
Insurances	Professional indemnity and public liability; certificates available on request

Make a referral or request a presentation

(07) 3608 1355 · referrals@eclosia.au · eclosia.au

Ask about a 20-minute Mindful Well-Recovery™ briefing for your case management or HR team.



Make a referral



Try the MCI demo