

WHY ACT EARLY

Support before it becomes a claim

Accepted mental injury claims in Queensland have more than doubled in five years, to 4,110 last financial year. They average 123 days off work, compared with 47 for physical injuries.*

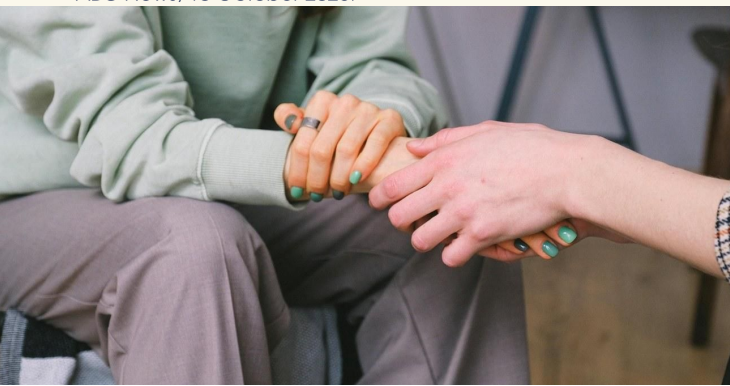
Under Queensland's psychosocial hazards code of practice, in force since April 2023, employers must manage risks to their workers' psychological health.

An EAP doesn't replace managing those risks, but it gives your people somewhere confidential to turn early, and gives your managers someone to call.

Small business? This is for you.

You don't need hundreds of staff or an annual contract. Pay for the sessions your people use, with packages if you'd like to lock in a lower rate.

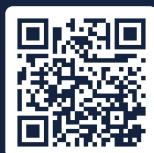
* WorkCover Queensland annual report figures, reported by ABC News, 10 October 2026.



CONTACT US

(07) 3608 1355

Fax (07) 3344 7732
referrals@eclosia.au
www.eclosia.au



Scan for employer services

T08, Serviced Office 7
23 Discovery Drive, North Lakes QLD 4509
Telehealth and on-site visits by arrangement

HOW TO START

- 1 Call or email us about your workplace.
- 2 We send a simple service agreement: services, fees and reporting.
- 3 Managers refer staff, or staff contact us directly and confidentially.



Our counselling room at North Lakes

Mindful Building Solutions Pty Ltd ABN 87 676 783 172, trading as Eclosia Counselling & Rehabilitation.



ECLOSIA
COUNSELLING & REHABILITATION

Employee Assistance Program

Confidential support for your people.
Practical help for your managers.

EAP · CRITICAL INCIDENT · RETURN TO WORK
NORTH LAKES · TELEHEALTH

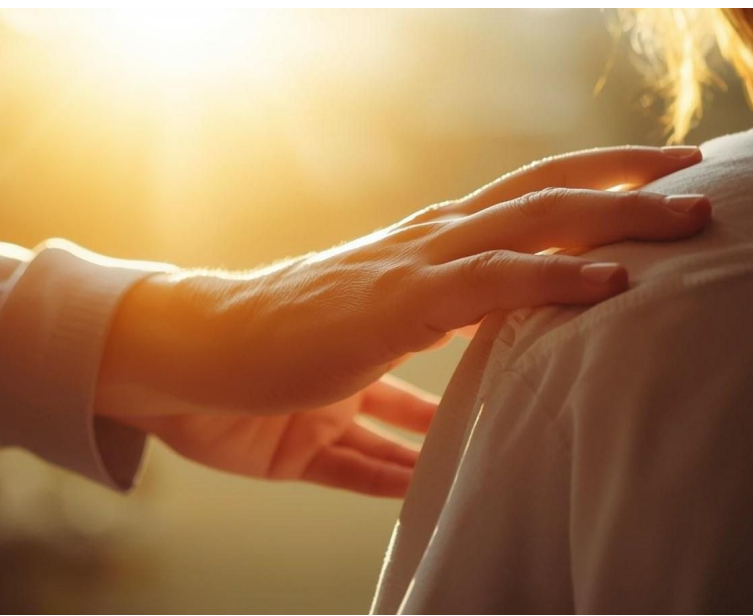
www.eclosia.au/employers

FOR YOUR STAFF

What people can talk to us about

- Stress, anxiety and low mood
- Workplace pressure, conflict or bullying concerns
- Relationship and family difficulties
- Grief and loss
- Adjustment to change, restructures and redundancy
- Injury, illness and getting back to work
- After a critical incident or traumatic event
- Career direction and confidence

Sessions are free for your staff, voluntary and confidential.



HOW IT WORKS

Simple for staff, useful for managers

Confidential

Your workplace receives de-identified usage reporting only, never what anyone discusses.

Easy to reach

Face to face in North Lakes, by phone or telehealth.

Manager consultation

Guidance for managers on complex situations: a struggling team member, a difficult conversation, a return to work.

Critical incident response

Group and individual support after a workplace trauma, on site or by telehealth, with follow-up counselling.

Return to work

Early intervention and return-to-work plans, inside or outside a WorkCover claim.



FEES

Clear, upfront pricing

EAP individual sessions **\$220 / hr**

EAP packages (blocks of 5 or 6) **\$190 / hr**

Critical incident, return to work, outboarding **Quoted**

Prices exclude GST.

WHO YOU'LL WORK WITH



Davina Williams MASRC, MACA

Rehabilitation counsellor and clinical supervisor. 15+ years in rehabilitation and employment.

Appointed to the WorkCover Queensland Rehabilitation Services Provider Panel
2026 ARPA Queensland finalist, Innovation in Return to Work

Eclosia is not a crisis service. In an emergency, call 000. For 24-hour support, call Lifeline on 13 11 14.

