

REFERRING A PATIENT

Four simple steps

- 1 Send a referral**
Email referrals@eclosia.au or fax (07) 3344 7732. Include a claim or NDIS number if known.
- 2 We contact your patient**
We book the appointment and aim to make contact within one business day.
- 3 Initial assessment**
An adjustment to injury assessment, including our Mindful Capacity Index™, to build a tailored recovery plan.
- 4 We keep you informed**
With consent, we liaise with insurers, join case conferences and send progress updates to you.

FUNDING

Who pays?

- Workers' compensation insurers (workplace injuries)
- CTP insurers (motor vehicle accident injuries)
- The NDIS
- Private health insurers (rebates may apply)
- Employers, through EAP
- Patients, privately

We work with insurers including icare, GIO, QBE, Medibank Private, EML and many others. Our counselling isn't billed to Medicare.



Refer a patient

(07) 3608 1355

Fax (07) 3344 7732

referrals@eclosia.au

www.eclosia.au/referrals



Scan to refer a patient

T08, Serviced Office 7

23 Discovery Drive, North Lakes QLD 4509

Clinic, workplace, home and telehealth sessions

Eclosia is not a crisis service.

In an emergency, call 000. For 24-hour support, call Lifeline on 13 11 14.

Eclosia acknowledges the Traditional Custodians of the lands on which we live and work, and pays respect to Elders past and present. We welcome people of every culture, ability, gender and sexuality.

Mindful Building Solutions Pty Ltd ABN 87 676 783 172, trading as Eclosia
Counselling & Rehabilitation

FOR GPs AND HEALTH PROFESSIONALS



ECLOSIA
COUNSELLING & REHABILITATION

Rehabilitation counselling that
works alongside your care.

INJURY · ADJUSTMENT
RETURN TO WORK

Workers' compensation · CTP · NDIS · Private



www.eclosia.au

WHY REFER TO ECLOSIA

Recovery is more than the injury

A rehabilitation counsellor is a tertiary-trained allied health professional who helps people with injuries, health conditions or disability return to work, study and community life. We work with the person behind the diagnosis, alongside your treatment.



Meet Davina

Davina Williams is a Masters-qualified rehabilitation counsellor with over 15 years' experience helping people recover, rebuild and return to life after injury, illness, accidents or disability.

Davina Williams MASRC, MACA

- Master of Counselling (Rehabilitation and Mental Health)
- Graduate Diploma of Rehabilitation Studies
- Graduate Certificate in Client Assessment and Case Management
- Graduate Certificate in Career Development
- ACA Registered Clinical Supervisor

“Rooted in care. Ready for what's next.”

WHAT WE HELP WITH

Services for your patients

Injured at work?

With an approved workers' compensation claim, Davina can complete an initial adjustment to injury assessment (usually funded by the insurer) and build a tailored rehabilitation plan.

Injured in a car accident?

If your patient was injured in a Queensland motor vehicle accident and was not at fault, CTP insurance is likely to cover a rehabilitation assessment and treatment.

Adjustment and psychosocial barriers

Coping with pain, change, stress, low mood and fear of re-injury.

Mindful Well-Recovery™

A 10-week program covering sleep, pain education, graded activity and work-focused strategies.

Return to work, training or study

Planning, graded return and liaison with employers and insurers.

Career counselling

Vocational assessments and new directions when the old role isn't possible.

Medico-legal reports

Independent rehabilitation counselling reports.

We work within our scope as counsellors and refer on when a client needs psychological or medical treatment.

MEASURED PROGRESS

Information you can use

Our Mindful Capacity Index™ is a 33-item biopsychosocial measure with a simple traffic-light rating, repeated over time.

- Psychological, physical, work and social domains
- Green, amber and red risk ratings at a glance
- Week 1 and week 10 comparison for the program
- Shared with you only with your patient's consent
- Approaches informed by peer-reviewed evidence

RECOGNISED

Appointed to the WorkCover Queensland Rehabilitation Services Provider Panel

2026 ARPA Queensland finalist, Innovation in Return to Work

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