

HOW WE HELP

Recovery is more than physical

An injury can affect your sleep, mood, confidence, money and relationships. We help you cope, adjust and get back to the work and life that matter to you.

SUPPORT MAY INCLUDE



Counselling



Recovery planning



Return to work



Career counselling



Meet Davina

Davina Williams is a Masters-qualified rehabilitation counsellor with over 15 years' experience helping people recover and rebuild after injury.

- ✓ Davina Williams MASRC, MACA
- ✓ Master of Counselling (Rehabilitation and Mental Health)
- ✓ ACA Registered Clinical Supervisor

We work with insurers including icare, GIO, QBE, Medibank Private, EML and many others, plus the NDIS and private clients.

“Rooted in care. Ready for what’s next.”



Talk to us

(07) 3608 1355

Fax (07) 3344 7732

referrals@eclosia.au

www.eclosia.au



Scan for a free chat

T08, Serviced Office 7

23 Discovery Drive, North Lakes QLD 4509

Telehealth and home visits by arrangement

Eclosia is not a crisis service. In an emergency, call 000. For 24-hour support, call Lifeline on 13 11 14.

Eclosia acknowledges the Traditional Custodians of the lands on which we live and work, and pays respect to Elders past and present.

Mindful Building Solutions Pty Ltd ABN 87 676 783 172, trading as Eclosia
Counselling & Rehabilitation

WORKPLACE & ROAD INJURIES



ECLOSIA

COUNSELLING & REHABILITATION

Injured at work or in a car accident?

YOUR STEP-BY-STEP GUIDE TO RECOVERY

- ✓ Understand the claims process
- ✓ Know what support is available
- ✓ Get back to work and life



www.eclosia.au

INJURED AT WORK

Your workers' compensation guide

If you are hurt at work, taking the right steps early helps protect your recovery and your claim.



STEP 1

Report the injury

Tell your employer as soon as possible and keep a record of what happened.



STEP 2

See your doctor

Ask your GP for a work capacity certificate that lists every injury.



STEP 3

Lodge your claim

Lodge a workers' compensation claim with your employer's insurer. Time limits apply.



STEP 4

Your claim is assessed

If accepted, support may include weekly payments, treatment and rehabilitation.



STEP 5

Recovery and return to work

A plan to return to suitable work safely, at a pace that suits your recovery.



ACT EARLY

Early support can make a real difference to your recovery and your claim.

INJURED IN A CAR ACCIDENT

Your CTP guide

In Queensland, Compulsory Third Party (CTP) insurance may cover treatment and rehabilitation if you are injured in a crash.



STEP 1

Report it to police

Report the crash and keep your police reference (QP) number.



STEP 2

See your doctor

Your GP completes a medical certificate for your claim.



STEP 3

Lodge your CTP claim

Complete the Notice of Accident Claim Form and lodge it with the CTP insurer.



STEP 4

The insurer responds

You'll receive a claim number and a decision on funding rehabilitation.



STEP 5

Rehabilitation

Request funded rehabilitation, such as an adjustment to injury assessment with us.



TIME LIMITS APPLY

Lodge as soon as you can. Forms and information are at maic.qld.gov.au.

WHERE WE FIT IN

How Eclasia supports you



Adjustment to injury assessment

Often funded by your insurer and approved early in your claim.



Counselling

For stress, anxiety, low mood, pain and uncertainty after injury.



Recovery and return-to-work plans

Practical goals that work alongside your doctor's advice.



Career counselling

New directions when returning to your old role isn't possible.



Working with your team

With your consent, we liaise with your doctor, insurer, employer and lawyer.

Ready to talk?

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Not sure where to start? Call or scan for a free, no-pressure chat.