

HOW IT WORKS

Getting started is simple

1

Book or get referred

Call us, book online, or ask your doctor, case manager, coordinator or lawyer to refer you.

2

Your first session

We listen, understand what's happening and agree on what matters most to you.

3

Your plan

Regular sessions, measured progress, and updates to your doctor or referrer with your consent.

FUNDING

Who pays for counselling?

- Workers' compensation insurers
- Car accident (CTP) insurers
- The NDIS
- Employers, through EAP
- You, privately

We work with insurers including icare, GIO, QBE, Medibank Private, EML and many others, and we'll check your funding before your first session.



Contact us

(07) 3608 1355

Fax (07) 3344 7732

referrals@eclosia.au

www.eclosia.au



Scan for a free chat

T08, Serviced Office 7

23 Discovery Drive, North Lakes QLD 4509

Telehealth and home visits by arrangement

Eclosia is not a crisis service. In an emergency, call 000. For 24-hour support, call Lifeline on 13 11 14.

Eclosia acknowledges the Traditional Custodians of the lands on which we live and work, and pays respect to Elders past and present.

Mindful Building Solutions Pty Ltd ABN 87 676 783 172, trading as Eclosia
Counselling & Rehabilitation



ECLOSIA

COUNSELLING & REHABILITATION

Rooted in care.
Ready for what's next.

REHABILITATION COUNSELLING
NORTH LAKES · TELEHEALTH



www.eclosia.au

WELCOME

Support to recover, adjust and move forward

An injury, accident or big life change affects more than your body. Pain, time off work, money worries and uncertainty can affect your sleep, mood and confidence. We help you cope, adjust and get back to the work and life that matter to you.



Meet Davina

Davina Williams is a rehabilitation counsellor and clinical supervisor who leads every case herself.

Davina Williams MASRC, MACA

- Master of Counselling (Rehabilitation and Mental Health)
- Graduate Diploma of Rehabilitation Studies
- Graduate Certificate in Client Assessment and Case Management
- Graduate Certificate in Career Development
- ACA Registered Clinical Supervisor

“Rooted in care. Ready for what's next.”

SERVICES

How we help

Workplace injury counselling

Recovery isn't just physical. Adjusting to injury, managing stress and uncertainty, and planning your return to work.

Car accident counselling

Adjusting to the physical, mental and emotional changes after a crash, often funded through your CTP claim.

Mindful Well-Recovery™

Our structured program for recovery and return to work.

NDIS

Counselling and support for participants, young people and families.

Career counselling

Résumés, interview preparation and career planning to find the right next step after injury or change.

Medico-legal reports

Independent rehabilitation counselling reports.

Employers

EAP counselling, critical incident support and psychosocial safety.

Clinical supervision

For counsellors and rehabilitation professionals.

Not sure which service fits? Call us and we'll help you work it out.

FOR REFERRERS

Refer with confidence

GPs, case managers, insurers, NDIS coordinators, schools and lawyers can refer online, by email or by fax.

- Senior-led, start to finish
- Progress measured and shared with your client's consent
- Secure, Australian-hosted client records
- Clinic, workplace, home and telehealth sessions

RECOGNISED

Appointed to the WorkCover Queensland Rehabilitation Services Provider Panel

2026 ARPA Queensland finalist, Innovation in Return to Work

Book an appointment

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